



How to treat your new tattoo

Your new tattoo is basically an area of tiny skin breaks caused by the penetration of the needles carrying ink into your skin, there is a possibility that without proper care it may become infected. Following this advice will reduce the chance of anything going wrong with your tattoo.

- Keep the dressing applied by your tattooist on for at least two hours, this should provide enough time for it to stop bleeding or weeping.
- After removing the dressing, wash gently with warm water and pat dry with kitchen roll. Avoid using towels, and NEVER use anyone else's towel.
- After washing and drying your tattoo, apply a moisturiser thinly, like E45 or Bepanthen, to stop the skin drying out and reduce scabbing.
- Wash and moisturise the area 2/3 times daily for the first few days, then continue to use the cream sparingly until the tattoo is fully healed.
- Everyone heals at different rates, and healing time depends on many factors. Most scabbing should disappear within approx 2 weeks. The next stage is a silver skin covering which lasts about 1 week. Your new tattoo should be completely healed in 4-5 weeks.

General Aftercare Tips

- Shower rather than bathe during the healing period to prevent unnecessary water exposure, always pat dry with separate towel or tissue until fully healed.
- Always wash your hands before touching your tattoo, and don't let anyone else touch it.
- Do not pick your tattoo, this will increase healing time and reduce quality.
- Avoid swimming, sunbathing and sun-beds. Sunlight and chlorine can react with the dyes in the skin causing irritation and inflammation.
- Minimise rubbing by wearing loose clothing around the area, this will reduce irritation.
- Always keep your tattoo covered if working in dirty or dusty environments.

Contact Details

If you have any concerns please contact me first and I will advise if what you are experiencing is part of the normal healing process, or otherwise direct you to your GP.

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